# AES Lunch Menu April 2024

96





## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread, and Choice of Milk \*Students must choose at least one fruit or vegetable



## Fruit Variety Offered Daily

· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·				
May include:					
Apple Slices	Oranges				
Apples	Bananas				
Applesauce	Peaches				
Pears	Mixed Fruit				
Craisins	Raisins				
Fresh Veggies Offered Daily					
May Include:					
Garden Side Salad	Broccoli Florets				
Baby Carrots	Celery Sticks				
Cauliflower	Garbanzo Beans				

#### MENUS SUBJECT TO CHANGE



### Milk Choices Offered Daily FF Chocolate, FF Strawberry, and Low Fat White Lunch Prices: Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 No School Spring Break	2 Hunan Orange Dumplings w/Fried Rice Broccoli Fruit Choice Milk Choice	3 Pancakes & Sausage Patty Tater Tots Fruit Choice Milk Choice	4 Corn Dog Nuggets BBQ Baked Beans Fruit Choice Milk Choice	5 Meatball Hoagie Carrots Fruit Choice Milk Choice	
Weekly Alternate: Chicken Nu	ad				
8 Ham & Cheese on a Pretzel Bun Carrots Fruit Choice Milk Choice	9 Pizza Pasta Bake w/Garlic Toast Green Beams Fruit Choice Milk Choice	10 Salisbury Steak w/Buttered Noodles Mashed Potatoes Fruit Choice Milk Choice	11 Chicken Patty on Bun Corn Fruit Choice Milk Choice	12 Fish Sticks w/Garlic Toas Broccoli Fruit Choice Milk Choice	
Weekly Alternate: Cheeseburger on a Bun; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad					
15 Sloppy Joe Sandwich Carrots Fruit Choice Milk Choice	16 Cheesy Breadsticks w/Pizza Sauce Green Beans Fruit Choice Milk Choice	17 Dutch Waffle & Chicken Fries Fruit Choice Milk Choice	18 Beef Nachos w/Cheese Sauce Corn Fruit Choice Milk Choice	19 Chicken Fried Rice Broccoli Fruit Choice Milk Choice	
Weekly Alternate: Spicy Chick					
22 BBQ Rib Sandwich Baked Beans Fruit Choice Milk Choice	23 Meatloaf w/Breadstick Mashed Potatoes w/Gravy Fruit Choice Milk Choice	24 Chicken Nuggets w/Buttered Noodles Green Beans Fruit Choice Milk Choice	25 Buffalo Chicken Alfredo w/Garlic Toast Broccoli Fruit Choice Milk Choice	26 Snow Make-Up Day Pepperoni Pizza Carrots Fruit Choice Milk Choice	
Weekly Alternate: Hot Dog on		1			
29 Buffalo Chicken Dipper w/Garlic Toast Green Beans Fruit Choice	30 Teriyaki Chicken & Rice Carrots Fruit Choice Milk Choice	1 Loaded Chicken Totcho Bowl Tater Tots Fruit Choice Milk Choice	2 Cheeseburger Pinwheel Broccoli Fruit Choice Milk Choice	3 Egg, Sausage & Cheese Bagel Fries Fruit Choice Milk Choice	